Palma School Newsletter
A monthly newsletter for the parents of Palma

SEPTEMBER 2019

Competing at the Highest Levels

Where boys of promise become men of character

What's Inside:
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schedule highlights
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Monday, September 2
Labor Day – School Closed

Thursday, September 5
AM Assembly Schedule

Friday, September 6
PM Assembly Schedule

Wednesday, September 11
Freshman Retreat at Moss Landing
Mid-Quarter Progress Reports Emailed

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AM Assembly Schedule

Friday, September 13
Minimum Day Schedule

Tuesday, September 17
School Picture Re-Takes during 4-5 Periods

Wednesday, September 18
Red Day Schedule

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Gold Day Schedule
Paint Nite 6:30-8:30 pm

Monday, September 23
Faculty In-Service – No Classes

Wednesday, September 25
Eighth Grade Retreat at Happy Valley

Thursday, September 26
AM Assembly Schedule

Monday, September 30
Homecoming Week (Sep 30-Oct 5)

Questions, comments or suggestions: please email marketing@palmaschool.org

Palma School
Knowledge • Service • Leadership
919 Iverson Street, Salinas, CA 93901  |  831.422.6391 | palmaschool.org

You can help Palma School by following, liking and sharing our social media.
Dear People of Palma,

This new month, following the festivities of the opening of a new school year more than three weeks ago, brings with it a degree of calmness and regular expectations by and for students and faculty alike. No one, at this point, should have any questions as to what is expected and when items are due. The newness of a school year is a thing of beauty to observe from a safe distance as the loose ends, while never unraveling, are apparent in rushes to class and working the locker combinations, to a late arrival in the morning, etc. It happens like clockwork at the start of every school year and it never gets old, in my view, as the Boys of Promise are welcomed onto the Palma campus, many for the first time. There certainly appears, from my office, to be a high degree of organization and calm permeating the campus from early in the morn to well after the last bell sounds at the three o’clock hour. Many students are then out and about their after-school endeavors until the dinner hour while still others either continue or return for evening classes and/or other practices. Things seem to calm down for the night under cover of darkness as the campus rests for eight or so hours until things begin anew the next day.

Palma is blessed with another excellent group of young men. The senior class, every year, sets the tone and bar for the other classes to match and/or exceed come their time. Our 90+ seniors appear to be well positioned to take on the challenges of leadership and brotherhood they’ve been part of these past several years. Time will tell if we are expecting too much as they transition into being Men of Character.

Labor Day is seen by many as the official end of summer — what a quick summer it was! September sets the stage for lots of good things to happen as we move through the school year. The half-way mark of the first quarter will be here at the end of this week. Academic progress reports are due to go out to parents next week; there should be no surprises if students and parents are using the tools provided to stay on top of all things academic. Hard to believe but Homecoming festivities begin on the last day of the month and carry-over into October.

Busy place — busy people — busy families. Take time for the little things along the way. Thank you.

Sincerely,

Brother Patrick D. Dunne, C.F.C.
President
Dear People of Palma,

Campus is abuzz with activity and enthusiasm, from the very first day of classes! The August 24th HS dance was very well attended, hassle free, with some great energy and lots of dancing! Our junior high will host their back-to-school dance soon and a good number of local junior high schools will be invited.

I am impressed by the rigor of course work our students are willing to take on to prepare for higher education. Palma's young men are driven and they are challenged to find meaning and spiritual purpose beyond their achievements. “It takes more to be a Chieftain.” Our young men are truly special, and I am grateful to the families, the teachers and staff, and the 80+ coaches who work together year-round to motivate and challenge our boys of promise to become men of character. One of the many joys of my vocation is the opportunity to be witness to amazing people in the Palma Family who model and mentor leadership, learning, service, faith, families, and so much more.

I would like to repeat what I shared at Mini-Schedule Night. Among all of your priorities as a family, I commend you for emphasizing academic effort and process over outcomes. Perhaps better put, thank you for reinforcing learning over grades. Our teachers will work to inspire authentic learning, and it is your son's job to work hard at getting there. Grades will take care of themselves. If your son is overwhelmed by academic rigor, or he is underwhelmed by the lack thereof, please communicate with your son's teacher(s); we are missioned to challenge your sons to grow in every sense of the word.

In the realm of athletics, success is important to our identity here at Palma, and I am proud of the manner in which our young men compete. Our parents, players and coaches have attended meetings to underscore the many values that sports provide a young man, and the expectations that make athletic participation at Palma unique. Palma sports are committed to promoting a code of conduct based on trustworthiness, respect, responsibility, fairness, caring and citizenship, consistent with the Six Pillars of Character in the Central Coast Section (CCS). These values represent the best in sportsmanship where athletes win humbly, or lose graciously. We all win when we teach, enforce, advocate and model these values.

I look forward to the many challenges and triumphs that await us. This is going to be a great year! I am proud to be serving the Palma Family. Go Chieftains!

Yours in Blessed Edmund Rice,

David J. Sullivan
Principal
September 2019 Calendar

2 — Labor Day - SCHOOL CLOSED —

3 11:39am Ecology Club in D4 @ 5th per.
Pedro Club in C1 @ 5th per.
3:00pm HS Yearbook in CLab
3:15pm Service @ Sunrise Villa: Alzheimer’s Care
6:00pm Film Studies in B1
Intro. to Engineering in D5
Java Honors in CLab (E1)

4 7:15am Exec. Com. Mtg. in CCR
7:55am NJHS Mtg. in A4
7th Gr. Religion in Chapel @ per. 2, 6
3:00pm HS Yearbook in CLab
3:10pm Service to Prison (Soledad)
5:30pm Gators Baseball Club
6:30pm PSI (football) in Cafeteria

5 — AM Assembly Schedule —
7:30am Foreign Language Dept. Mtg. in D3
8:05am Faculty Meeting in MPB
9:10am Assembly Schedule
3:00pm HS Yearbook in CLab
5:00pm Football Team Dinner @ Field

6 — PM Assembly Schedule —
10:24am Game Club in B3 @ Per. 4,5
4:00pm Football @ Sacred Heart Cathedral (F,V)

9 11:39am Mock Trial Club in A2 @ 5th per.
3:15pm Palma Football: Var Film in MPB
5:00pm Band Boosters Mtg. in E5
5:30pm Ath. Council Mtg. in CSC
6:00pm PM Film Studies in B1
Intro. to Engineering in D5
Java Honors in CLab (E1)

10 7:15am Curriculum Com. Mtg. in CCR
8:00am Grades Due
10:48am Bl. ER Society Mtg. JHS in ?, HS in C1
11:39am Ecology Club in D4 @ 5th per.
3:00pm HS Yearbook in CLab
3:15pm Service @ Sunrise Villa: Alzheimer’s Care

11 7:15am Exec. Com. Mtg. in CCR
7:30am STEM Dept. Mtg. in D4/E3
Class Retreat: Frosh to Moss Landing
8:10am Univ. of Notre Dame in CSC @ 1st per.
11:45am Crisis Committee Mtg. in CSC
3:00pm HS Yearbook in CLab
3:10pm Service to Prison (Soledad)
4:00pm Water Polo v Carmel (JV,V @ Hartnell)
5:30pm Gators Baseball Club
7th Gr. Religion in Chapel @ per. 2,6
Mid-Qtr. Prog. Reports Emailed

12 — AM Assembly Schedule —
3:00pm HS Yearbook in CLab
5:00pm Football Team Dinner @ Field
12:00pm Alumni Council Mtg. in Board Rm.

13 — Minimum Day Schedule —
9:54am Game Club in B3 @ Per. 4,5
3:00pm Football @ Oakdale HS (3)

16 3:10pm P.A.C. Mtg. in CCR
3:15pm Palma Football: Var Film in MPB
4:00pm Water Polo v Monterey (JV,V @ Hartnell)
5:00pm Parents’ Club Mtg. in CSC
6:00pm Film Studies in B1
Intro. to Engineering in D5
Java Honors in CLab (E1)

17 9:00am TX Christian Univ. in CSC @ 2nd per.
10:48am School Picture Re-Takes @ Per. 4,5 (MPB)
11:39am Ecology Club in D4 @ 5th per.
Pedro Club in C1 @ 5th per.
3:00pm HS Yearbook in CLab
3:15pm Service @ Sunrise Villa: Alzheimer’s Care

18 — Red Day Schedule —
7:15am Exec. Com. Mtg. in CCR
11:13am Assembly in MPB
11:58am Assembly in MPB
3:00pm HS Yearbook in CLab
3:30pm Cross Country @ Christmas Hill Park (Gilroy)
4:00pm Water Polo v Christopher (JV,V @ Hartnell)
5:30pm Gators Baseball Club
6:30pm PSI (football) in Cafeteria
19 — **Gold Day Schedule** —
- 8:00am PCAL BOM Mtg. in MPB
- 3:00pm HS Yearbook in CLab
- 5:00pm Football Team Dinner @ Field
- 6:30pm Paint Nite in MPB

20  10:48am Game Club in B3 @ Per. 4,5
    5:30pm President’s Circle Reception
    Football: BYE

23 — **Faculty In-Service Day - No Classes** —
- 3:15pm Palma Football: Var Film in MPB

24  7:30am English Dept. Mtg. in A1
    11:39am Ecology Club in D4 @ 5th per.
    3:00pm HS Yearbook in CLab
    6:00pm Film Studies in B1
    Intro. to Engineering in D5
    Java Honors in CLab (E1)

25  7:15am Exec. Com. Mtg. in CCR
    7:30am Class Retreat: 8th Gr. to Happy Valley
    3:00pm HS Yearbook in CLab
    3:10pm Service to Prison (Soledad)
    3:30pm Cross Country @ Salinas City Championship (Natividad Park)
    4:00pm Water Polo @ RLS (JV, V @ Hartnell)
    5:30pm Gators Baseball Club
    6:00pm College Info. Night @ NDHS Theatre

26 — **AM Assembly Schedule** —
- 8:05am Faculty Meeting in MPB
- 3:00pm HS Yearbook in CLab
- 3:15pm Service: Delivery to Farmworkers (Gonzales)
- 5:00pm Football Team Dinner @ Field
- 6:00pm Football: Frosh @ Salinas

27  3:30pm ND Field Hockey on Turf
    5:00pm Football @ Salinas (JV, V)

30 — **Homecoming Week: Sep. 30-Oct. 5** —
- 3:15pm Palma Football: Var. Film in MPB
- 6:00pm Film Studies in B1
    Intro. to Engineering in D5
    Java Honors in CLab (E1)

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**Did You Know?**

*Finding what you need on the website*

**Palma’s desktop homepage**
The most used links for parents are found right below the photo on our homepage, giving you one-click access to FACTS, Naviance and the Parents’ Club page.

**Palma’s mobile homepage**
Our homepage on mobile devices is designed for quick navigation. Scroll down to find the links you need in blue.
Increase the peace!
All are welcome! Morning Mass is offered every school morning from 7:30 am to 7:50 am in The Blessed Edmund Rice Chapel. Come and see! Altar servers, greeters, musicians, and lectors are always needed, welcomed, trained, encouraged, and appreciated. These Masses are open to parents and friends as well as students and staff.

Service in the community
We have the privilege of assisting others to improve their daily lives. The service we provide goes far beyond any material good as we witness God work to change the lives of the servants and those being served. The labor of a Chieftain’s hands, head and heart is always meaningful and lifts our entire community.

Alzheimer’s Care Unit
Tuesdays, September 3, 10, 17 • 3:15-4:30 pm

Soledad Prison — Exercises in Empathy
Wednesdays, September 4, 11, 25 • 3:10-6:30 pm

Farm Workers Food Delivery
Thursday, September 26 • 3:15-5:30 pm

Note: Transportation for all service is via our Palma Campus Ministry van. Permission slips for all service programs are available in the front office to be signed by a parent and returned prior to student participation.

Retreats
Team building and spiritual growth are the goals of Palma’s retreats. They strengthen the bonds of brotherhood and instill confidence, character and gratitude.

9th Grade Beach Clean Up and Kayaking
September 11
Marina State Beach and Elkhorn Slough | $65

Care for Creation — Genesis 1

8th Grade Ropes Course
September 25
Happy Valley, Santa Cruz | $75

Direction Through Connection — John 15:1-14

Action Leadership Conference in New Jersey
September 19th-25th
Students from Edmund Rice schools throughout the country converge at the Action Leadership Conference each year. The purpose of the conference is for select students to share their experiences and gain ideas to bring back to implement in their community.

Blessed Edmund Rice Society
A meeting for all students interested in increased service and advocacy for and with the poor, including the possibilities of Immersion Tijuana, Mexico and Lima, Peru will be held on Tuesday, September 10th during JH (4th period) and HS (5th period) lunch in Room C1.
Religion 7  The 7th Graders have begun the book of Genesis and started exploring the importance of the Sacred Scripture. Students are creating their own tree of life which will represent each student through his chosen symbols with images that describe him.

Religion 8  We are starting off chapter one in our textbooks which centers on learning that the Church is a community of diverse believers whose foundation is in Christ Jesus.

Theology 9  We are looking at God-given gifts that make each freshman (and all humans) amazing. Also, religious truths in the creation stories in Genesis and how to interpret the stories so as not to get caught in the confusion of a supposed faith versus science conflict.

Theology 10  Students are learning how to understand the Bible using the different Senses of Scripture and finding examples of each sense from the text.

Religion 11  We’re studying personal encounters that can change a person’s life, using several examples of such encounters in the Old and New Testaments, and how such encounters today can happen in the Church’s Liturgy.

Theology 12  We are beginning the study of World Religions starting with indigenous religions such as those practiced by the Aborigines in Australia, the Yoruba in Nigeria, and the indigenous tribes of the Americas such as the Lakota and Aztecs. We use art, group work and meditations to accompany learning experiences.

Habit Forming  On Friday, August 23rd, students met two Dominican Sisters in the Blessed Edmund Rice Chapel. The sisters shared about their life, their vocation to be Dominican sisters and answered questions.

Did you know...
Singing at Mass is a form of prayer, but that’s not the only benefit of singing. Here are just a few:
- Singing strengthens your immune system
- Singing is a workout
- Singing helps you sleep
- Singing is an anti-depressant
- Singing lowers stress levels
- Singing improves mental alertness

You should consider singing at our school Masses. All you need is a willingness to learn and to be heard. You will be instructed on how to sing and all songs will be rehearsed. No one will be asked to sing solo except by their request. Interested? See Mr. Beesley today!
Guidance Department

Welcome to Palma School!
The Guidance Counselors would like to welcome all returning students and their families as well as those who are new to Palma. We hope you are ready for another great year!

Guidance Staff
Mr. Phil Giammanco (right) counsels 9th, 10th, 11th and 12th graders whose last names begin with the letters A through K.

Ms. Irina Short (above) counsels 9th, 10th, 11th and 12th graders whose last names begin with the letters L through Z.

Mr. Willie Beesley (right) advises all 7th and 8th graders. Mr. Beesley is also the director of the Resource Program, teaching students a variety of strategies and study skills to enhance their ability to excel within the academic rigors of a college preparatory environment.

Tips for student athletes
When it comes to athletic scholarships and college sports recruiting, it is important for you to become familiar with the rules and regulations surrounding the various college associations, conferences, and divisions. Violation of the rules, even while still in high school, can result in athletic ineligibility. Your first task should be to determine to which association(s) (NCAA, NJCAA, etc.) your prospective colleges and/or universities belong and then carefully review their websites.

Finalizing your college list
September is the time to revisit your college list. Think again about what is important to you in choosing a college — location, majors, size, school values, diversity of student body, finances, etc. Adjust your list so that all of your prospective colleges are ones you’d be happy attending. Now check that you have included institutions from all three tiers. Your list should include a couple of “reach” schools, then several “possibles” and finally a larger group of “probables.” “Reach schools” include those at which most accepted students have higher GPAs and/or test scores than you. A college that accepts less than 20% of applicants also should be considered a “reach” for nearly all students. “Possibles” are those colleges which regularly accept students with grades and test scores similar to yours. “Probable” colleges are those at which your test scores and GPA would place you in the top quarter of the entering class.

College entrance testing begins this month
Seniors should finish up any SAT/ACT testing this fall. It is a good idea to have all testing completed by November or December. However, some schools that offer early admission require that testing be completed by October. The registration deadline for the October 26th ACT is September 20, 2019. The registration deadline for the October 5th SAT is September 6, 2019. To see the complete schedule of testing and to register for an exam visit the ACT and College Board websites

ACT: http://www.actstudent.org
SAT: http://sat.collegeboard.org/home
Registration information and practice materials are available in the Guidance Office.

PSAT testing for grades 8-11
All 8th–11th graders are required to sit for the PSAT on Wednesday, October 16th. The test will end at approximately 11:30 am and students will be dismissed for the day. Prepare for the PSAT/NMSQT by using the free resources that can be found on the student section of the College Board site: collegeboard.com/student/testing/psat/prep.html.
Financial Aid presentation is October 2
Applying for college financial aid can be a daunting task considering the information you need to provide and the various deadlines you must meet. Attend this informative presentation to learn about FAFSA (Free Application for Federal Student Aid) and how to find a myriad of grants and scholarships. The FAFSA deadline is in early March and school deadlines are usually earlier in the year (often in February or earlier). Plan to be here on Wednesday, October 2nd at 8:00 am in the MPB.

Practice SAT
Palma School will be hosting a practice SAT exam, administered by Revolution Prep, on September 21st at 9:00 am. The cost is just $10.00 per exam and all proceeds benefit Palma. This gives students a chance to take a full SAT when scores are not reported. It's an excellent opportunity to practice taking a proctored college entrance exam or simply to explore which test might be the right fit. Revolution also provides full comments on the essay, as well as a detailed score report to help you target areas of weakness. Go to revolutionprep.com/partners/2559 to enroll.
For more information, contact Tim Good, Revolution Prep's Academic Advisor for Palma, at 650-422-3181 or tim.good@revolutionprep.com.

Schedule of SAT/ACT test dates for 2019

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<tr>
<th>Test Date</th>
<th>Register by</th>
<th>Late Reg. Deadline</th>
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<td>SAT Oct 5</td>
<td>Sept 6</td>
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<td>ACT Oct 26</td>
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<td>SAT Nov 2</td>
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<td>SAT Dec 7</td>
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<td>ACT Dec 14</td>
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* A late fee will be added after the “Register by” date.

College Search Assistance

College Information Night is Wednesday, September 25
Sophomores, juniors and their parents are invited to Notre Dame High School’s annual College Information Night. The presentation will include information and tips about the college application process from college admission representatives. The event will be held from 6:00 to 8:00 pm in the Notre Dame Theatre at 455 Palma Drive.

Palma’s College Fair is Tuesday, October 29
Juniors from Palma and Notre Dame are invited to visit the Steve Clayton Memorial Gym on Tuesday, October 29 from 1:45 to 3:00 pm for the annual College Fair. Meet admissions counselors from universities across the US and learn how you can prepare for the college of your choice. A partial list is provided on the right.

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<th>Palma’s College Fair is Tuesday, October 29</th>
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<td>Academy of Art</td>
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<td>Air Force ROTC San Jose State</td>
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<td>Hartnell College</td>
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<td>Los Angeles College of Music</td>
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<td>Monterey Peninsula College</td>
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<td>Oberlin College*</td>
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<td>University of Vermont</td>
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<td>US Military Academy, West Point</td>
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<td>US Naval Academy, Annapolis</td>
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<td>Westmont College</td>
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*Admission counselors will not be present, only materials from the school.

2020 Southern California College Tour
We are excited to provide this tour of college campus visits for juniors and sophomores on February 11th-15th (winter break). The tour costs $700 and will include Cal Poly SLO, Chapman University, Loyola Marymount, UCLA, USC, UC Santa Barbara, CSU Long Beach, Woodbury University and Biola. The price of the trip includes a chartered bus, hotel stays with breakfast each morning and a one-day Disneyland Park Hopper ticket. A mandatory meeting will be held on Thursday, December 5th at 5:00 pm in the CSC and a completed itinerary will be available then.
Space is limited to 37 students and a $225 deposit will be required to reserve your son’s spot. Click on this link for information and to download the registration form.

College Tour Registration
The 2019 Fall athletic season is here
Our teams have been practicing hard and are getting into the swing of their Fall 2019 campaigns. Here are how their contests are scheduled for September:

**Cross Country** *(Toro Park off Hwy. 68)*
- Sept 18 at Gilroy (Christmas Hill Park)
- Sept 25 City Championships at Natividad Creek

**Water Polo** *(Hartnell College pool)*
- Sept 11 home against Carmel
- Sept 16 home against Monterey
- Sept 18 home against Christopher
- Sept 25 at Stevenson School (Pebble Beach)

**Football** *(Rabobank Stadium)*
- Sept 6 at Sacred Heart Cathedral (Kezar Stadium)
- Sept 13 at Oakdale
- Sept 27 at Salinas HS

I encourage everyone to attend as many games as you can. The boys are aware of your presence in the stands and it makes a huge difference to know they have the support of our school community. Games are also a great way to socialize and continue to build community at Palma. See the website for home venue directions.

**Concussion testing**
If your son plans to play a sport this school year and has not yet scheduled his baseline concussion test, sooner would be better than later. It’s school policy that no student-athlete can even participate in practice until we have a baseline recorded.

**Get involved**
There are a variety of ways the Palma community can participate at athletic events and we can never have too many volunteers. From helping out at games to providing the many hands needed at fund raising events, Palma parents are the ones who make athletics happen for our boys.

**Booster cards**
With a 2019-2020 Family Booster Card you and your immediate family will have entry to all 2019-2020 home sporting events (baseball, basketball, football, lacrosse, wrestling and volleyball) with no standing in ticket lines! Plus, you will also receive one VIP Parking Pass for the VIP Lot at Rabobank Stadium as well as access through the VIP stadium entrance for all Palma home football games.* The family card is only $275. With your family card, you will also be able to purchase extended family cards for $25 each. Senior booster cards, for those aged 65 and older, are only $100 each. Remember, the purchase of your booster card helps fund Palma athletics. Use the button here to download the booster card form.

*Game entry and VIP parking not available during playoff games as those are hosted by PCAL.

**Check our website**
There is lots of information about athletics, games and schedules, and Athletic Council on the Athletics page of our website. You will also find Twitter feeds from me and other coaches. Added this year is the sports ticker on the home page. This will keep you up-to-date on the results of all of our hard-fought Chieftain contests. Check in often.
Palma’s mission is to forge men of character, strength and conviction. As a community it is vital we share that vision. With your help Palma will keep its promise. **THE PALMA FUND** bridges the tuition gap and also helps to improve technology, facilities, professional development and financial aid.

You can make your tax deductible gift or pledge securely online or by submitting a donation form.

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**THE PARENT HONOR ROLL OF DONORS**

*Proud sponsors of young men of character through the 2019-2020 Palma Fund.*

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**Class of 2020**
- Kathleen & Dino Gastello
- Kori & John Lukasko
- Nita & Tom Nino
- Tanya & Erich Reinhardt
- Jennifer & Dan Sites
- Suzan & Sam Slater
- Allyson Strachan
- Kelly & Bryan Sutherland

**Class of 2021**
- Michelle & Greg Beach
- Tianna Davidow
- Linda & D L Grier
- Leslie & Fred Lombardi
- Coby & Richard Parker

**Class of 2022**
- Renee & John Barnes
- Kelli & Sal Cardinale
- Gina & Chris Cochetti
- Maria & Allen Finley
- Anna & Edward Lomboy ’91
- Kelly & Phillip Nicholson
- Nita & Tom Nino
- Camille & Larry Reimal

**Class of 2023**
- Jennifer and David Abdoo
- Chrissy & David Bifano
- Kerri & Matthew Collins
- Kristy & Roy Guerini ’94
- Margaret D’Arrigo-Martin & Stephen Martin
- Angela & Gerry Nielsen ’79
- Kristin & James Russo
- Lisa & Mark Silacci

**Class of 2024**
- Gina & Chris Cochetti
- Jody Wilkinson & Ric Romero
- Suzan & Sam Slater

**Class of 2025**
- Kerri & Matthew Collins
- Lisa & Mark Silacci

**Thank you!**
*(as of 8/21/2019)*

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**NOT ON THIS LIST?** Simply donate online, by mail or in person to the 2019-2020 Palma Fund. Not only will your name appear on this list throughout the school year, but you will be helping Chieftains attain the education, experience and leadership that only Palma can provide. Please consider a gift today.

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**THE PALMA FUND**

palmaschool.org
Welcome to the 2019-2020 school year!
Thank you to everyone who attended our Taste of Palma Mixer — wow! It was a great turnout and so exciting to see many new and veteran Palma families. We are looking forward to seeing you all at future Parents' Club mixers. If you have a mixer idea, send us an email.

As we begin the year it is very important that you stay connected with your son and the partnerships Palma builds with us. Stay informed by checking out the Daily Announcements (YouTube), by logging on to the FACTS website OR their app, reading the monthly newsletter in its entirety and becoming active in Parents' Club.

Palma School's social media
Here are the many official websites and social media channels to follow to keep you in the loop on all the school events, sports and activities.

COMING SOON
Do you like the Athletics subscription calendar? Parents’ Club is working on our calendar now so soon you’ll be able to subscribe and automatically populate data onto your smartphone and devices.

Our first Palma Closet event was a HUGE SUCCESS and raised over $3,000. Our Palma families donated books and everything Palma plus Swag last Spring, collecting:
- 200+ summer reading books
- 500+ articles of clothing
- 200+ textbooks and English class reading books

Our Orientation Day sale was nonstop busy and what we didn’t sell was donated through our mission work here at Palma. No doubt next year’s encore will be even bigger so hold on to your Palma swag, books, etc. We are hoping to have an EVEN BIGGER announcement before ringing in 2020!

Paint Nite is just around the corner and spaces are filling fast. Don’t delay as this event usually sells out. Paint Nite is intended for Palma and Notre Dame parents. If space is available one week prior to the event, we’ll extend an invitation to non-Palma families. Buy your ticket NOW.

Our See’s Candies fundraiser kicks off on October 21st so stay tuned for your packets. A big thanks to our Co-Chairs Angela Nielsen and Louise Bengard.

SAVE THE DATE We are working on Palma’s first Holiday Cookie Decorating Social; scheduled for December 10th at 5:30 pm. This will be another chance for fellowship and fun!

Visit the Parents’ Club Page for a complete list of our subcommittees and chairpersons.
Reminders
From recent newsletters & summer packets

PLEASE HELP SPONSOR A SAFE & FUN ENVIRONMENT FOR OUR STUDENTS!

October 11th @ Notre Dame
9:30 pm - 11:30 pm
Click Here

Washington DC & New York City
explorica.com/Plata-4855
May 26 - May 30, 2020
Click Here

Senior Portraits
Sept. 13
Click Here

Senior “Baby Ads”
Sept. 13
Click Here

Business Advertisements
Nov. 1
Click Here

School photo retakes will be on Sept. 17 during 4th & 5th period in the MPB.
Lifetouch
Click Here

Volunteering creates a better school for our sons and a better community for our families.

The Tuition Assistance Program provides security in case the unforeseen befalls your family.

Palma Parents’ Club manages hospitality, conducts fund raising and is a great place to make new friends. Consider getting involved.

Click Here

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<table>
<thead>
<tr>
<th>Date</th>
<th>Meal Options</th>
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<tbody>
<tr>
<td>2</td>
<td><strong>No School</strong></td>
</tr>
<tr>
<td>3</td>
<td>Chicken &amp; cheese quesadilla, refried beans, chips, salsa &amp; fresh fruit or Signature Sandwich of the Day, Chips &amp; Fresh Fruit</td>
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<tr>
<td>4</td>
<td>Chicken parmesan with pasta and marinara sauce, Caesar salad, garlic bread or Signature Sandwich of the Day, Chips &amp; Fresh Fruit</td>
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<tr>
<td>5</td>
<td>Pulled pork sliders, baked beans, chips &amp; fresh fruit or Signature Sandwich of the Day, Chips &amp; Fresh Fruit</td>
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<tr>
<td>6</td>
<td>Double cheeseburger on a roll with French fries &amp; fresh fruit or Signature Sandwich of the Day, Chips &amp; Fresh Fruit</td>
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<tr>
<td>9</td>
<td>Pasta Alfredo, Caesar salad &amp; garlic toast or Signature Sandwich of the Day, Chips &amp; Fresh Fruit</td>
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<tr>
<td>10</td>
<td>Beef and cheese burrito, Spanish rice, refried beans, chips, salsa &amp; fresh fruit or Signature Sandwich of the Day, Chips &amp; Fresh Fruit</td>
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<tr>
<td>11</td>
<td>Crispy chicken, mashed potatoes, sautéed veggies or Signature Sandwich of the Day, Chips &amp; Fresh Fruit</td>
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<tr>
<td>12</td>
<td>Pepperoni pizza, salad &amp; fresh fruit or Signature Sandwich of the Day, Chips &amp; Fresh Fruit</td>
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<tr>
<td>13</td>
<td>Chicken club sandwich, chips &amp; fresh fruit or Signature Sandwich of the Day, Chips &amp; Fresh Fruit</td>
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<tr>
<td>16</td>
<td>Sesame Asian chicken, steamed white rice, sautéed veggies &amp; fortune cookie or Signature Sandwich of the Day, Chips &amp; Fresh Fruit</td>
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<tr>
<td>17</td>
<td>Breakfast burrito with eggs, cheese, sausage, potatoes &amp; toast or Signature Sandwich of the Day, Chips &amp; Fresh Fruit</td>
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<tr>
<td>18</td>
<td>BBQ beef sandwich on a roll, chips, cole slaw &amp; fresh fruit or Signature Sandwich of the Day, Chips &amp; Fresh Fruit</td>
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<tr>
<td>19</td>
<td>Spaghetti in meat sauce with meatballs, Caesar salad &amp; garlic bread or Signature Sandwich of the Day, Chips &amp; Fresh Fruit</td>
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<tr>
<td>20</td>
<td>Chicken strips, French fries, cole slaw &amp; fresh fruit or Signature Sandwich of the Day, Chips &amp; Fresh Fruit</td>
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<tr>
<td>23</td>
<td>BBQ chicken, French fries &amp; salad or Signature Sandwich of the Day, Chips &amp; Fresh Fruit</td>
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<tr>
<td>24</td>
<td>Beef tostada, refried beans, chips &amp; salsa or Signature Sandwich of the Day, Chips &amp; Fresh Fruit</td>
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<tr>
<td>25</td>
<td>Chicken Caesar wrap, chips &amp; fresh fruit or Signature Sandwich of the Day, Chips &amp; Fresh Fruit</td>
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<tr>
<td>26</td>
<td>Double cheeseburger, French fries &amp; fresh fruit or Signature Sandwich of the Day, Chips &amp; Fresh Fruit</td>
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<tr>
<td>27</td>
<td>Chicken Teriyaki bowl with rice and veggies or Signature Sandwich of the Day, Chips &amp; Fresh Fruit</td>
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<tr>
<td>30</td>
<td>Nacho grande, salsa &amp; fresh fruit or Signature Sandwich of the Day, Chips &amp; Fresh Fruit</td>
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All lunches are $9.00 each and can be ordered online or cash purchased in the cafeteria and include a bottle of water. “Daily” meals include: Mini Burger Sliders with French Fries; Alfredo Pasta Bowl with Garlic Bread; Chicken Fingers with French Fries; and Mini Street Tacos with Chips and Fresh Fruit Bowl.