Welcome to Palma 2019

Where boys of promise become men of character

What's Inside:

• Letters from the President and Principal
• August Calendar
• Principal’s Notes
• Student / New Parent Orientations
• 2019-2020 Dress Code
• 2019-2020 Academic Calendar
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• Parents’ Club – The Palma Closet
• Parents’ Club – Bagel Breakfast
• Palma Music News
• Taste of Palma Parents and Staff Mixer
• Chieftain Spirit Day
• Washington DC Trip
• School Lunch FAQs and August Menu
• Mini Schedule Night for Parents

Schedule Highlights

See page 5 for more details

Tuesday, August 6
4:00pm  Band Camp (Music Room)

Wednesday, August 7
8:00am  Freshman Orientation (Gym)
8:00am  Freshman Parent Orientation (MPB)
12:30pm  Jr. High Orientation (Gym)
12:30pm  Jr. High Parents Orientation (MPB)
6:00pm  All Sports Physicals (Gym)

Thursday, August 8
8:00am  All Student Orientation (mandatory)
	See page 6 for schedules and details
6:00pm  Fall Sports Mandatory Meeting (MPB)

Friday, August 9
8:10am  First Day of Classes (minimum day)

Thursday, August 15
per. 1-3 Mass - Feast of the Assumption of Mary

Friday, August 16
5:30pm  Taste of Palma Parent & Staff Mixer

Saturday, August 17
9:00am  Chieftain Spirit Day (practice turf)

Monday, August 26
6:00pm  All Winter/Spring Sports Mandatory Meeting

Wednesday, August 28
6:00pm  Mini Schedule Night, starts in the MPB
Dear People of Palma,

Palma's sixty-ninth year of service to the central coast community of the great state of California is upon us. The newness of another school year never gets old. Everyone I know who is engaged in some sort of educational endeavor always looks forward to the start of a new school year; it's almost a yearning of sorts for the freshness of a familiar process that brings comfort and challenge at the same time.

The comfort part comes into play knowing the product is quality and works well in preparing young men for college and beyond. The challenge part comes in the natural growth of our students and their families, some brand new to the school; there is an academic growth as well as the physical growth that comes with age and maturity in students as well as in their families.

One doesn't often find comfort and challenge being compatible in contemporary society but in this school setting, those two experiences not only run parallel, they run on top of each other, year after year, all for the benefit, in the case of Palma as a well-run highly competitive school where magic takes place on a daily basis. Palma's brand of magic is transformative and it works in taking our boys of promise into men of character. No voodoo or magic portion in Palma's brand — just sound proven methods that get our students well prepared for their post-secondary opportunities.

Have a great 2019/2020 school year.

Sincerely,

Brother Patrick D. Dunne, C.F.C.
President
Dear People of Palma,

The start of the new school year is now only one week away! I am looking forward to seeing our returning families and meeting all of you who are new to Palma.

This August edition of the *Palma School Newsletter* is largely intended to provide you with reminders of information important to a successful start this new semester. There are reminders of dates and events, a revised August 2019 calendar and more that are important to help us better serve you and your favorite Chieftain(s) over the coming school year.

*I Encourage You to Get Involved* — Palma has a great need on a regular basis for parental involvement and active support of the many projects and events that take place under the Palma umbrella over the course of a given school year. Please get involved with the Athletic Council and Palma Parents’ Club events, Band Boosters, supervising junior high dances and field trips, support for new parents, and so much more. Every parent has an opportunity to get involved as we really do have something for everyone — and everyone is needed. Parental involvement goes a long way in promoting a young man’s whole education while at Palma.

We have a history here of many good and giving people with willing and gracious hearts. I encourage you to continue this legacy with that same generous hospitality and loving investment in your son’s future. I look forward to meeting you, working with you, even serving you in this holiest of endeavors we recognize as a Catholic education for young men at Palma. *Go Chieftains!*

Yours in Blessed Edmund Rice,

David J. Sullivan
Principal
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<td>5</td>
<td>5:30pm Athletic Council Mtg. in CSC&lt;br&gt;6:30pm Community Meeting in MPB: Palma 5K in September</td>
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<td>6</td>
<td>4-6:30pm Band Camp in E5&lt;br&gt;5:30pm Palma Coaches Mtg. in CSC: Fall Sports</td>
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<td>7</td>
<td>8:00am Orientation in MPB for Frosh Parents&lt;br&gt;8:00am Frosh Orientation in Gym&lt;br&gt;12:30pm Orientation in MPB for Parents New to Jr. High&lt;br&gt;12:30pm JHS New Student Orientation in Gym&lt;br&gt;6:00pm Sports Physicals in Gym</td>
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<td>8</td>
<td>8:00am Schoolwide Student Orientation Day&lt;br&gt;12:00pm Alumni Council Meeting in Board Room&lt;br&gt;6:00pm Fall Sports: Mandatory Parent/Player/Coach Meeting in MPB</td>
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<td>9</td>
<td>8:10am First Day of Classes&lt;br&gt;12:15pm JHS Program / HS Program Palma &amp; ND First Day of Fall Athletic Practices</td>
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<td>10</td>
<td>9:00 am Frosh Football Begins</td>
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<td>Elections: grades 7 &amp; 9, Forms available Aug. 12-16&lt;br&gt;6-9pm Film Studies in A2&lt;br&gt;6-9pm Intro. to Engineering in D5&lt;br&gt;6-9pm Java Honors in CLab (E1)&lt;br&gt;7:00pm PCAL Coaches Meeting: Fall Sports in Cafeteria + classrooms</td>
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<td>Elections: grades 7 &amp; 9</td>
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<td>Elections: grades 7 &amp; 9</td>
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<td>15</td>
<td>Elections: grades 7 &amp; 9&lt;br&gt;9:10am AM Assembly Schedule&lt;br&gt;9:10 am Mass @ per. 1-3 in Bl. ER Chapel: Assumption of Mary</td>
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<td>16</td>
<td>Elections: grades 7 &amp; 9&lt;br&gt;3-6pm Robotics Club in D5&lt;br&gt;5:30pm Taste of Palma for Parents &amp; Staff in MPB</td>
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<td>17</td>
<td>9:00am Chieftain Spirit Day</td>
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<td>Campaign Aug. 19-23, grades 7 &amp; 9&lt;br&gt;5:00pm Parents’ Club Meeting in CSC&lt;br&gt;6-9pm Film Studies in A2&lt;br&gt;6-9pm Intro. to Engineering in D5&lt;br&gt;6-9pm Java Honors in CLab (E1)</td>
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<td>3-4:30pm HS Yearbook in CLab</td>
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<td>8:10am Red Day Schedule&lt;br&gt;11:13am HS Assembly: Class Meetings&lt;br&gt;11:58am Jr. High Assembly: Class Meetings&lt;br&gt;3-4:30pm HS Yearbook in CLab. Palma/ND Frosh Mixer - TBD</td>
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<td>7:30 am Mass of Holy Spirit &amp; Faculty Reception&lt;br&gt;9:10am Gold Day Schedule.&lt;br&gt;3-4:30pm HS Yearbook in CLab.&lt;br&gt;3:15pm Delivery to Farmworkers (Gonzales)</td>
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<td>23</td>
<td>Elections: grades 7 &amp; 9&lt;br&gt;3-6pm Robotics Club in D5&lt;br&gt;Football: Scrimmage v St. Ignatius on Palma Turf - TBA</td>
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<td>7-10pm HS Back to School Dance at Palma</td>
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<td>6:00pm All Sports: Mandatory Parent/Player/Coach Meeting in MPB</td>
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<td>27</td>
<td>3-4:30pm HS Yearbook in CLab</td>
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<td>28</td>
<td>7:30am Class Retreat: 7th Grade to Happy Valley (Santa Cruz), returning at 3:00pm&lt;br&gt;3-4:30pm HS Yearbook in CLab&lt;br&gt;6:00pm Mini Schedule Night</td>
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<td>29</td>
<td>9:10am AM Assembly Schedule. 3-4:30pm HS Yearbook in CLab.</td>
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<td>3-6:00pm Robotics Club in D5</td>
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<td>5:00pm Football v Archbishop Mitty HS (JV, V @ Rabobank Stadium)&lt;br&gt;9:30pm 5th Quarter @ Palma, concluding at 11:30pm</td>
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Attention Items
The following important documents were sent to you in July, many of which need to be submitted or accomplished very soon. If you cannot locate your copy, these can all be found on the Palma School website under “Quicklinks” or by clicking the accompanying link here.

Books for 2019-20 School Year
Please do not wait until the start of classes to purchase textbooks. Supplies will be in great demand among students everywhere as the school year commences. Remember, it is your son’s responsibility to come to class prepared to learn.

click here to order books

Palma Parking Lot Pick-up/Drop-off
When dropping off and/or picking up students please avoid entering the parking lot immediately before and/or after school as we simply do not have room for additional vehicles.

As nice as it is seeing parents early in the morning, it is preferred you drop off your son on Iverson or Acacia Street. When dropping off your favorite Palma student in the parking lot, please drive beyond the flag pole and be sure to pull over to the right to allow others to pass. Parents having business on campus who arrive after 8:15am are free to park in any unused parking spot.

Drivers waiting for students at the end of the school day should wait along Iverson Street beyond the bus zone or at some other pre-arranged location. Please avoid entering an already full Palma parking lot, double parking, or waiting in the red-marked, no-parking zone.

A Family That Prays Together Stays Together
All are welcome to join us in prayer throughout the year! Palma offers brief, daily Mass in the Blessed Edmund Rice Chapel, nearly every school day at 7:30am. Daily Mass at Palma is a blessing and a privilege!
Student / New Parent Orientations

Wednesday, August 7 | 8:00-11:30am
Freshman Orientation
Gym
All Freshmen have an extra day of orientation to meet with CORE leaders — upperclassmen who excel in many activities here. This fun, interactive experience is designed to give Freshmen ownership of their new school. CORE leaders continue to meet with the students throughout the school year and act as mentors, guides, and friends.

Wednesday, August 7 | 8:00-9:00am
Freshman Parent Orientation
Multi-Purpose Building (MPB)
Please bring your son’s iPad with you. This one-hour presentation acquaints new parents with Palma School culture. You will hear from faculty and staff members and learn about the activities of each department. You will also have the opportunity to ask questions.

Wednesday, August 7 | 12:30-3:30pm
Jr. High Student Orientation
Gym/Classrooms
CORE provides an orientation for all 7th graders and new to 8th graders. This extra day of orientation allows Jr. High students to meet with CORE leaders — upperclassmen who excel in many activities around campus. This fun, interactive experience is designed to give students ownership of their new school. CORE leaders continue to meet with the students throughout the school year and act as mentors, guides, and friends.

Wednesday, August 7 | 12:30-1:30pm
Jr. High Parent Orientation
Multi-Purpose Building (MPB)
Please bring your son’s iPad with you. This one-hour presentation acquaints new parents with Palma School culture. You will hear from faculty and staff members and learn about the activities of each department. You will also have the opportunity to ask questions.

Thursday, August 8
All Student Mandatory Orientation
8:00am Seniors
9:00am Juniors
10:00am Sophomores
11:00am Freshmen
12:00pm Seventh and Eighth Grade

Your mandatory orientation day begins in the MPB with brief presentations by faculty and staff members. Orientation day activities include:

• Receive your class schedules and information
• Purchase required workbooks
• Initiate secured WiFi access on your iPad
• Take your school picture and receive your student ID card
• Complete and submit picture order form
• Purchase your locks, P.E. clothes and logo wear

Students are required to report on time and be dressed and groomed according to the Palma School dress code. Students will not be allowed to have their picture taken nor issued their student ID if not properly dressed/groomed

You are asked to be on campus only when your class orientation is being held. You will be dismissed at the conclusion of your class orientation.

Athletic activity for all levels for all fall sports will not begin earlier than 2:00pm on this day.

Attending this orientation day is not optional as official student attendance records will begin.

IMPORTANT NOTE: Parents are advised to bring checks, along with their debit/credit cards as not all of the vendors present will be able to accept debit/credit payment. We apologize for any inconvenience.
Palma School Dress Code 2019-2020

Palma School’s dress code is in effect on campus from 7:30am to 3:30pm on scheduled school days. Students’ attire and the pride students show in their appearance contribute greatly to their performance in and out of class and to the respect they earn. This pride in being a Chieftain and a gentleman is well worth preserving and fostering. The dress code applies to all students, including those who have the privilege of representing Palma in an academic/extracurricular setting or in the wearing of a Palma uniform on an athletic team, even during vacation times of Thanksgiving, Christmas, Winter Break, and Easter. Palma pride in student conduct and appearance is on display for all — your cooperation is expected.

Dress Code Summary
All clothing must be size appropriate
Shirts: Polo styled with a collar. Button-down shirts are permitted when tucked in and worn with a tie.
Pull-over sweatshirts (hoodies) must prominently bear the official Palma logo/monogram and/or are “Palma issued” or display the name of an accredited college/university.
Pullover sweaters/jackets with half/quarter/full zip are permitted when free of text or graphics.
Pants: Khakis- or Docker-styled slacks, cords, dress shorts or cargo shorts; worn at the waist (not below).
Footwear: Clean formal, semi-formal or athletic shoes. Socks must be worn so as to be clearly visible.
P.E. Clothes: Clean and untattered Palma P.E. uniform (shirt and shorts) is to be worn in P.E. class. Students are encouraged to wash up at the conclusion of the class.
Student book bags and/or backpacks are to be clean and graffiti-free.

Not Permitted  No camouflage clothing/accessories of any kind (including backpacks). Button-down and zipped flannel shirts (with or without hoods) cannot be worn as jackets or outerwear. Undershirts cannot extend below an un-tucked polo shirt. No denim jeans/pants, jackets nor their look-alikes. No athletic, beach, or play shorts, sweats nor golf rain pants. No sandals, slippers, moccasins nor full-sized boots. No hats, hoods nor beanies (stocking caps) (except when authorized due to cold weather). No head/hair bands. No jewelry, studded belts and/or wrist bands, expensive watches, etc., should be brought to school. No clothing with commercial businesses nor inappropriate messages including sex, drugs, alcohol, gang activity, suggestive, lewd, sexist, or culturally insensitive images and/or words — even if worn under another garment. Undergarments are never to be worn exposed. No earrings and/or other body piercings (nose, lip, tongue, eyebrow, etc.) and/or tattoos.

Grooming
Hair should always be clean, neat and well-groomed. Hair length is limited to the top of a normal shirt collar in the back, above the ears on the sides, and above the eyebrows in the front. Hair should be the students’ natural color. Students are to start each day on campus clean-shaven with sideburns trimmed at or above the bottom of the earlobe.

Not Permitted  Hair that is too short (#1 cuts) or too long. No hair striping, shaved and/or hair engraving, ponytails other extreme hair styles (i.e. skin-cuts, mohawks, excessive hair heights, braids, “cornrows,” “manbuns,” etc.). Beards and goatees are not permitted.

It is the responsibility of each student to follow the Palma School Dress Code and the responsibility of parents to be aware of how their son leaves home for school or school-sponsored events. In the case of individual students, the final judge of respectability and compliance is the Dean of Students. If you or your son find this dress code in conflict with your family/religious beliefs, please contact the Dean of Students right away to appeal for possible exceptions. Violations of this dress code are subject to discipline, which may include detention up to and including immediate suspension from school. Students who do not meet grooming requirements may be: 1) suspended until properly groomed; and/or 2) fined $1.00 for each infraction.
## PALMA SCHOOL ACADEMIC CALENDAR

As the Palma Student and Parent Handbook reads, “Doctor appointments, college visits, family vacations, etc., should be made/planned to take place outside of school time or on school holidays, not during the school day.” In anticipation of the coming school year, the following dates have been provided to assist families with vacation schedules so as not to conflict with school attendance. All of these dates are official, as of July 1, 2019.

### SPECIAL EVENTS:
- W-Aug. 7, 8:11:30 a.m. Frosh Orientation in gym
- W-Aug. 7, 8 a.m. Orientation in MPB for Frosh Parents
- W-Aug. 7, 12:30-3:30 p.m. Orientation for Students New to IH in gym
- W-Aug. 7, 12:30 p.m. Orientation in MPB for Parents New to IH
- R-Aug. 8, Attendance Mandatory: ALL Students Orientation Day
- F-Aug. 9, 1st Day of Classes
- F-Aug. 16, 5:30-7:30 p.m. Taste of Palma Mixer for Parents & Staff in MPB
- S-Aug. 17, Chefs_tain Spirit Day
- W-Aug. 21, Palma/ND Fresh Mixer, Time TBD
- F-Aug. 23, Student Council Elections
- W-Aug. 28, 6 p.m. Mini-Schedule Night, begins in MPB
- M-F Sep. 30-Oct. 5: Homecoming Week
- W-Oct. 16, 8:15 a.m. PSAT Testing for Gr. 8-11; Special Schedule
- W-Oct. 23, 5:30-7:30 p.m. Parent/Teacher Conferences in MPB
- W- Oct. 29, 1:45-3:00 p.m. College Fair in Clayton Memorial Gym
- S-Nov. 3, 12-2 p.m. Palma Open House
- W-Dec. 4, 6:30-8:30 p.m. Palma Band Christmas Concert in MPB
- S-Dec. 7, 8 a.m. Admissions Placement Exam
- M-R Dec. 16-19 Fall Semester Final Exams: Special Schedule
- S-Jan. 11, 8 a.m. Admissions Placement Exam
- W-Jan. 15, 5:30-7:30 p.m. Parent/Teacher Conferences in MPB
- S-Jan. 25, 8 a.m. Admissions Placement Exam
- T-Jan. 28, 6 p.m. Fall Semester Honor Roll Program
- S-Feb. 8, Mother/Son Dinner & Dance
- W-Mar. 11, St. Patrick’s Luncheon in the Gym
- T-Mar. 24, Testing Gr. 10-11; Special Schedule
- W-Apr. 29, 6:30-8:30 p.m. Spring Concert in Clayton Memorial Gym
- W-May 4, 7 p.m. Annual Film Festival
- W-May 6, 5:30 p.m. NHS Induction Ceremony
- T-May, 6 6:30 p.m. HS Academic Awards
- M-F May 4-15: AP Exams
- W-May, 13, 5:30 p.m. NHS Induction Ceremony
- W-May, 13 6:30 p.m. Jr. High Academic Awards
- M-R May 18-21 Spring Semester Final Exams: Special Schedule
- F-May 22, 5 p.m. Junior High Graduation in Clayton Memorial Gym
- S-May 24, 10:30 a.m. Senior High Graduation at Sherwood Hall

### SCHOOL HOLIDAYS, VACATIONS & FACULTY INSERVICES (NO CLASSES) AND SCHOOL-WIDE CLOSURES:
- M-Sep. 2, Labor Day SCHOOL CLOSED
- M-Sep. 23, Teacher In-service Day NO CLASSES
- M-Oct. 14, Quarter Break NO CLASSES
- M-Nov. 11, Veterans Day NO CLASSES
- M-F Nov. 25-29, Thanksgiving Week Vacation NO CLASSES
- R-F Nov. 26-29 Thanksgiving Holiday SCHOOL CLOSED
- F- Dec. 20, Exam Correction Day NO CLASSES
- M-Dec. 23-Jan. 6 Christmas Vacation NO CLASSES
- W-Dec. 25, Christmas Day SCHOOL CLOSED
- W-Jan. 1, New Year’s Day SCHOOL CLOSED
- M-Jan. 20, Martin Luther King, Jr. Day SCHOOL CLOSED
- R-M Feb. 13-17, Palma Winter Break NO CLASSES
- M-Feb. 17, Presidents Day SCHOOL CLOSED
- F-Apr. 10-F-Apr. 17, Easter Vacation NO CLASSES
- F-Apr. 10, Good Friday SCHOOL CLOSED
- F-May 1, Founder’s Day NO CLASSES
- M-May 25, Memorial Day SCHOOL CLOSED

### IVANCLENDAR

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**Note:** Red dates indicate School Holidays and School-Wide Closures, while gold dates indicate Gold Days (start @ 8:10 a.m.).
# Palma School Bell Schedule 2019-2020

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<th>Schedule/Period</th>
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**Notes:**
- 8:05 – 8:55: Morning Assembly
- 8:05 – 8:35: Morning Period 1
- 9:05 – 9:35: Morning Period 2
- 9:54 – 10:45: Morning Period 3
- 10:48 – 11:36: Morning Period 4
- 12:30 – 1:18: Morning Period 6
- 1:21 – 2:09: Morning Period 7
- 2:12 – 3:00: Morning Period 8

*Within the schedule, 1st and 2nd periods are dedicated to academic instruction.

A.M. Assembly: Schedules provide near weekly opportunities for more collaboration among members of faculty, with a focus on curriculum and instruction, grade-level articulation, and professional development. New this school year: 1st period classes will begin at 8:10 A.M., most every day except Thursdays, which will begin at 9 A.M. 8th period dismissal is at 3 P.M. on regular day schedule.
You should have received the Sports Eligibility Packet from Palma Athletics. If you cannot locate yours, please visit the athletics page on our website or click here. The packet contains information regarding:

- Physical Exam – ALL student athletes must undergo a physical exam to participate in sports. The Palma Athletic Council will be offering sports physicals on Wednesday, August 7, 2019 at 6:00pm for all Palma student athletes, for a minimal fee of $25. The completed physical exam form is a component of the Sports Eligibility Packet so take advantage of this opportunity! No appointment is necessary. Be sure to bring the Palma School Physical Exam Form that is included in the packet that evening.

- Concussion Testing – Athletes needing to take the concussion test will sign up by clicking on the link under the athletics tab on the website or by clicking here. Concussion test is required every two years in high school and every year in junior high. Athletes new to Palma must take a concussion test.

- School-sanctioned combination locks and P.E. clothes flyer provides prices and information. ALL LOCKS USED ON CAMPUS MUST BE PURCHASED FROM PALMA.

- Details on the 2019-2020 Athletics Booster Opportunities Package available for purchase.

- Athletic event sponsorship and advertising opportunities. Palma School does not use tuition revenue to operate athletic programs. All sports programs offered at Palma School are supported through fundraising activities conducted by the Palma Athletic Council. Building a sense of community among Palma fans, especially the parents of those students wearing Palma team uniforms, is a goal of the Palma Athletic Council. Please consider giving your time and participating on the various committees that ultimately fund Palma Athletics and make it possible for your son to enjoy the variety of sports here at Palma. Call 422-8510 or email Mr. Bishop (bishop@palmaschool.org) if you are willing to head up or help out at the Crab Feed, Palma’s Annual Golf Tournament and various sports concessions.

- Parent/Player/Coach Meeting Update
PLEASE HELP SPONSOR A SAFE & FUN ENVIRONMENT FOR OUR STUDENTS!

Notre Dame and Palma students are invited to 5th Quarter following two Friday-night in-town games during the football season. 5th Quarter provides a post-game gathering for students, offering a safe, non-alcohol and drug-free environment along with music & food.

5th Quarter dates for the 2019 season:
August 30th @ Palma and October 11th @ Notre Dame
9:30pm – 11:30pm

Notre Dame and Palma students (with student ID cards) are admitted for free.

We rely solely on the generosity of relatives, parents, alumni, friends and businesses to sponsor, co-sponsor and volunteer their help. Each 5th Quarter costs approximately $500. Any help you may be able to provide will allow the tradition to continue for the benefit of our students.

If you would like to financially support our 5th Quarter program we have an opportunity for co-sponsorship at $250. Please make your tax-deductible contribution check payable to: 5th Quarter and send it to: Palma High School, Attn: Lisa Silacci, 919 Iverson Street, Salinas 93901.

If you would like to volunteer to provide help with serving food, supervision, or security please contact Lisa Silacci at 831.596.3327 or lisasilacci@comcast.net. Notre Dame parents can earn required family service hours for helping. This is a great opportunity to help our students make some good choices by attending the 5th Quarter program.
THE PALMA CLOSET
BACK TO SCHOOL SALE
THURSDAY, AUGUST 8TH
8AM to NOON
BY MULTI-PURPOSE BUILDING

Join us for our FIRST BACK TO SCHOOL SALE of used, pre-loved Palma items collected in our donation drive last Spring. Everything from Palma apparel to textbooks* all priced from $1-$30. Sorry no debit or credit cards accepted. All proceeds benefit the Palma Parents' Club.

SHOP EARLY! Supplies are limited.

Click here to reserve a used textbook today!

QUESTIONS?
Dee Delapena @ 594-2777 or dee-mike@comcast.net
Flavia Calusdian @ 776-0457 or flavia.calusdian@gmail.com

* Palma swag: Palma polos, sweatshirts, dri-fit gym shirts & tees, P.E. shorts
Dress code apparel: Designer & non-label polos, khakis, shorts
Parents’ Club

BACK TO SCHOOL
BAGEL BREAKFAST
STUDENTS & STAFF

ORIENTATION DAY 8.8.19
SERVED 8AM-12PM
CISLINI STUDY CENTER
(COURTYARD)

VISIT THE PARENT CLUB TABLE AFTER TAKING YOUR PHOTO ID FOR A COMPLIMENTARY TREAT

GLUTEN-FREE MUFFINS* too!

QUESTIONS?
CALL DEE DELAPENA 594-2777 OR DEE-MIKE@COMCAST.NET

* LIMITED SUPPLY OF ALLERGY ALTERNATIVE AVAILABLE
There’s lots of fun ahead in the Palma music program! Palma Band Camp will be Tuesday, August 6, 2019 from 4:00 to 6:00pm in the band room, E5. We will be rehearsing our high energy pep band material, which we play at the home football and basketball games (schedules are listed below). Participation in the pep band is mandatory for Symphonic Band members.

Below are a number of the events in which we will be participating. More information will follow at Mini Schedule Night on Wednesday, August 28th.

**2019-2020 Events:**
Sunday, November 24th – Salinas Parade of Lights in Downtown Salinas
Wednesday, December 4th – 6:30-8:30pm Palma Christmas Concert in the MPB
April 24th-26th – Anaheim Heritage Festival
Wednesday, April 29th – 6:30-8:30pm Palma Spring Concert

**Football Home Games @ Rabobank Stadium:**
August 30th
October 4th & 11th
November 2nd & 8th
Kindly Join Us for the

**ADULTS ONLY**

**TASTE OF PALMA**

**PARENTS & STAFF MIXER**

**FRIDAY, AUGUST 16, 2019**

**APPETIZERS · BEVERAGES · FELLOWSHIP · FUN**

in the Palma Multipurpose Building

5:30 - 7:30 PM

Meet other Palma parents & staff in a warm atmosphere and **casual attire**. We look forward to seeing you!

**HOSTED BY THE PALMA PARENTS' CLUB**
CHIEFTAIN SPIRIT DAY

Saturday, August 17, 2019 • 9am-1pm

Palma School Practice Turf

- Intrasquad Football Scrimmages
- Live Music
- School Clubs
- Dunk Tank and Fun Games
- Farmers’ Market
- Great Food
- Tri-Tip Dinners to Go
- Logo Gear
CHIEFTAIN SPIRIT DAY

SCHOOL CLUBS: GET NOTICED!

Advertise your club at Chieftain Spirit Day!
Let families know about your club and invite new members with a table at the Chieftain Spirit Day event.
Contact Deborah Mendoza at debmendoza@comcast.net to sign up.

CLUB SPIRIT CONTEST: Win Free Entry into a Home Football Game with Tri-tip Meal
Each club table will be judged on school spirit decorations, décor depicting club activity, interaction with visitors, and club unity. One club will win the prize.*

*Free Palma football game admittance and meal for each member and teacher working the club table

Tri-Tip Take-Out Dinner Pre-Order Form

Family or Business Name

Contact Name

Number of Dinners: ___________ x $35.00 = $ ________________

Orders to be picked up between 11am and 2pm on Saturday, August 17th at the Palma School Turf

For more information, contact Deborah Mendoza at debmendoza@comcast.net

Complete Tri-Tip Dinner for Four

$35 pre-order
$40 day of event

includes whole tri-tip, BBQ beans, salad and rolls
explorica.com/Plata-4855
May 26 - May 30, 2020

Day 1 Hello Washington
Meet your tour director
Dinner

Day 2 Washington, D.C. landmarks
Breakfast
U.S. Capitol guided tour
Supreme Court visit
Mount Vernon excursion
Arlington National Cemetery & Marine Corps War Memorial (Iwo Jima) visit
Dinner
Optional Ghost walk

Day 3 Washington, D.C.—New York City
Breakfast
National Archives visit
Travel to New York City
Midtown walking tour : Rockefeller Center, St. Patrick’s Cathedral, Times Square, Grand Central Terminal
Dinner
Empire State Building & Observatory visit

Day 4 Downtown New York
Breakfast
Ferry boat to Ellis Island & Statue of Liberty
Lower Manhattan guided sightseeing tour: Trinity Church, Wall Street, 9/11 Memorial visit, Chinatown, Little Italy
Dinner
Broadway show

Day 5 Goodbye New York
Breakfast
Radio City Music Hall guided visit
Travel home
Reserve your Spot!
Tour Center ID: Plata 4855

What’s included
We provide everything you need for a remarkable trip:

- Round-trip transportation
- 4 overnight stays (5 with extension) in hotels with private bathrooms
- Breakfast daily (except arrival day)
- Dinner daily (except departure day)
- Full-time services of a professional Tour Director
- Guided sightseeing tours and city walks as per itinerary
- Visits to select attractions as per itinerary
- Overnight security chaperone
- Tour Diary™
- Note: Tour cost does not include airline-imposed baggage fees, or fees for any required passport or visa. Please visit our Fees FAQ page for a full list of items that may not be included in the cost of your tour.

Tour investment
Students (travelers under the age of 23): $1,662

Automatic monthly payment plan
Pay just $50 upon enrollment and the balance will be divided into equal monthly payments, charged automatically to your credit card or checking account.

Manual plan also available
Learn more on explorica.com/paymentplans.

Travel protection
Most Explorica travelers protect their investment with one of our trusted plans, starting from just $12 per day. To learn more, visit explorica.com/cfar.
Sky’s the Limit Catering has added new and delicious meals to our menu this year! We are back and delighted to announce that we will again be offering breakfast beginning in August which includes: pancakes, breakfast burritos, oatmeal, fresh pastries and bagels as well as fresh fruit bowls. Lunches will include: grilled chicken salad, grilled sandwiches, BBQ beef sliders, grande nachos, pizza and more! Daily items will be posted on our new menu board located in the cafeteria. To order your school lunches, please visit the link on the following page or on our website under “Quicklinks.” To create an account go to “NEW CUSTOMERS” on this link.

Frequently Asked Questions

Q: What is the deadline for placing orders?
A: Orders must be placed by 9:00pm the night before the day you want your meal. (Example: Monday’s lunch must be ordered by Sunday at 9:00pm.)

Q: Can I cancel a meal once the order has been placed?
A: Meals can be cancelled until 9:00pm the night before the day for which the meals were ordered. After 9:00pm all sales are final. (Example: Monday’s lunch must be cancelled by Sunday at 9:00pm.)

Q: How do I cancel a meal?
A: To cancel a meal, log in to your account. On the main page there is a “Meals Order” section. There you will see a link that says “cancel” next to the days for which you have ordered. Click on this link and confirm that you would like to cancel this meal. A credit for the value of the meal(s) will be added to your account.

Q: What is your refund policy?
A: We have a “No Refund Policy.” Cancelled meals will result in a credit on your school lunch account. This credit will automatically be applied to your next order.

Q: What if I have sons in multiple grades?
A: When you add multiple students to your account make sure you select the right grade for each son.

Q: What happens if my son is sick?
A: If your son is out sick, you have until 9:00pm the night before to go into your account and cancel your order and receive a credit toward your next order.

Q: What are the drink options with the meals?
A: We offer a choice of 1% Milk or Low-Fat Chocolate Milk for an additional $1.

Q: What is your privacy policy?
A: We will not sell or disclose any contact information submitted through our site to any third party. All personal information will be kept confidential. We will only use your contact information to correspond with you about important matters concerning our lunch program.

For more information, families may contact Debby Bovenzi at 831-233-0461 or by email at debbybovenzi@yahoo.com. Sky’s the Limit thanks you for all of your support.

Sky’s the Limit Catering
Chef Ray Pasqual, Owner & Debby Bovenzi, Coordinator
<table>
<thead>
<tr>
<th>Date</th>
<th>Lunch 1</th>
<th>Lunch 2</th>
<th>Lunch 3</th>
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</thead>
<tbody>
<tr>
<td>5</td>
<td>Chicken Teriyaki Bowl, Fried Rice, Egg Roll and Fortune Cookie or Soup of the Day, Salad &amp; Bread</td>
<td>BBG Beef Sandwich, Chips, Baked Beans and Fresh Fruit or Soup of the Day, Salad &amp; Bread</td>
<td>Roasted Turkey, Mashed Potatoes w/Gravy &amp; Sautéed Veggies or Soup of the Day, Salad &amp; Bread</td>
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<td>6</td>
<td>Beef Tacos, Chips &amp; Salsa and Fresh Fruit or Soup of the Day, Salad &amp; Bread</td>
<td>BBQ Beef Sandwich, Chips, Baked Beans and Fresh Fruit or Soup of the Day, Salad &amp; Bread</td>
<td>Grilled Chicken Parmesan &amp; Pasta, Caesar Salad and Garlic Bread or Soup of the Day, Salad &amp; Bread</td>
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<td>8</td>
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<td>9</td>
<td>Cheeseburger, French Fries and Fresh Fruit or Soup of the Day, Salad &amp; Bread</td>
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<tr>
<td>12</td>
<td>Chicken Strips, French Fries, Cole Slaw and Fresh Fruit or Soup of the Day, Salad &amp; Bread</td>
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<td>26</td>
<td>BBQ Chicken, French Fries, Cole Slaw and Fresh Fruit or Soup of the Day, Salad &amp; Bread</td>
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<tr>
<td>27</td>
<td>Pulled Pork Sliders, Baked Beans, Chips and Fresh Fruit or Soup of the Day, Salad &amp; Bread</td>
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<td>28</td>
<td>Meat Lasagna, Salad and Garlic Bread or Soup of the Day, Salad &amp; Bread</td>
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<tr>
<td>29</td>
<td>Nacho Grande, Salsa and Fresh Fruit or Soup of the Day, Salad &amp; Bread</td>
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The above lunches are $9 and can be ordered online or cash purchased in the cafeteria and include a bottle of water. “Daily” meals include: Mini Burger Sliders with French Fries; Alfredo Pasta Bowl with Garlic Bread; Chicken Fingers with French Fries; and Mini Street Tacos with Chips and Fresh Fruit Bowl.
Mini-Schedule Night for Parents

Wednesday, August 28, 2019 at 6:00pm*

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<thead>
<tr>
<th>Time</th>
<th>Period</th>
<th>Rm #</th>
<th>Teacher</th>
<th>Course</th>
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<td>*6:00pm Assembly</td>
<td>MPB</td>
<td>Introductions of Faculty</td>
<td>Special Assembly in Gym</td>
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<td>6:30–6:38pm</td>
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<td>7:22–7:30pm</td>
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<td>7:48–7:56pm</td>
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<td>8:01–8:09pm</td>
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Parents:

✓ Your son's teachers will be in their regular classrooms during the evening; please refer to your son's schedule or get the room numbers and class periods from him.

✓ Each class period will be 8 minutes long and 5 minutes are allotted for transition time between each class.

✓ Be sure to visit the Cislini Study Center (CSC) or the cafeteria when your son has lunch, a free period, or a study hall on his schedule. Refreshments will be available in the cafeteria.

FYI:

✓ Some students have an 8th period class and/or a 0-period class; you are welcome to go to that(those) class(es) as scheduled above.

✓ Some after-school activities usually appear on your son's schedule as taking place during 9th period; these activities will not meet on Mini-Schedule Night. Only classes that meet at Periods 0 through 8 will meet for Mini-Schedule Night on August 28, 2019.

*The evening formally begins in the MPB at 6:00pm with an assembly and an introduction of faculty. We will begin on time, so please do not be late!